

Chicken and Cheese Waffles

Y = 10 waffles

INGREDIENTS:

- 2 cups all-purpose flour
- 3 tsp baking powder
- 2 tsp sugar
- ½ tsp salt

- 3 ea egg whites

- 1¼ cups milk
- ¼ cup oil
- 3 ea egg yolks
- 1 cup shredded cheese
- 1 cup ground chicken, cooked

Sift dry ingredients together.

Whip the egg whites until stiff. Set aside.

Mix wet ingredients into dry ingredients.

Fold in the whipped egg whites.